

Duluth Climbing and Fitness Co-op: Fall Update

Climb Nights

If you follow our social media, you may have seen that we've had themed climb nights like **Women Climb Night** and **Queer Climb Night**. These were both initiated by the members who host them! We encourage members seeking a themed climb night to consider hosting one. Reach out to us with your idea via email at climb@duluthclimbingandfitness.com, and we will help work out details and get the word out.

Themed climb nights are open to both members and non-members - non-access pass holders must fill out a [Guest Pass Form](#), which includes the waiver and fee, and list a sponsoring member, whether that's the themed night's host or another member you're attending the event with.

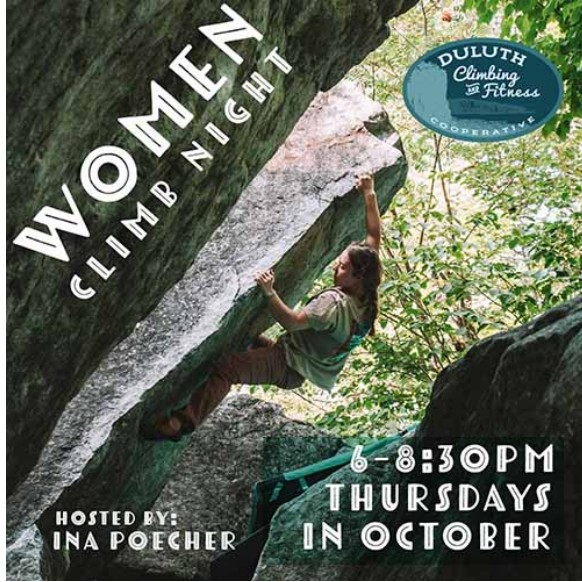
Note: All access pass holders are welcome use the gym during the themed climb nights - your 24/7 access is not placed on hold!

Current Climb Nights:

Women Climb Night for October

Hosted by Ina Poecher (she/her)

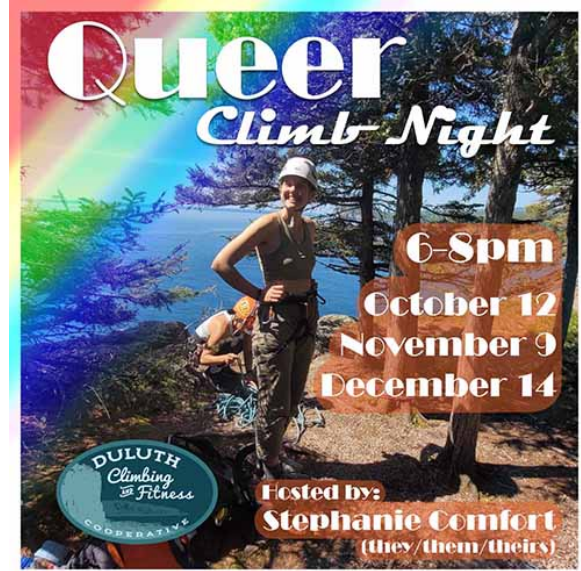
Thursdays from 6-8:30pm



Queer Climb Night

Hosted by Stephanie Comfort (they/them)

2nd Wednesday 6-8pm: 10/12, 11/9, 12/14



Meet Your Route Coordinators!



David Hernandez

"Hi everyone, my name is David Hernandez and I'm super stoked to take on the role as a co-route coordinator at the Co-op! I've been climbing since 2016 when I started college at the University of Minnesota Duluth and instantly fell in love with it. I've been involved with UMD's climbing team and route setting staff and think this position is a great opportunity to continue that stoke in a space I've been super excited for. My goal is to make sure that our climbing wall is fun, exciting, and challenging for all levels of climbers. Looking forward to continuing climbing and setting with y'all!"

As Co-Route Coordinators these guys have developed a system for keeping track of how many routes are up on the wall, a carefully planned bell curve of route difficulty, a rotation schedule for taking down and putting up new routes, a schedule for setting nights, and coordinating other route setters! If you are interested in setting routes, please send an email to climb@duluthclimbingandfitness.com and we will put you in contact with the route coordinators! Must be an access pass holder to set routes.

New Route Tags

A recent change you may have noticed is new route tags! Kraig and David developed a new grading bin system that narrows down the grade range per bin (i.e. v0-v1 instead of v0-v2), but still gives climbers a good idea of what grade they're climbing! Look for posters around the gym to decipher what each color means. The tags are both color-seeing and color-blind accessible, with the color name spelled below each color dot. If you have any questions or comments about the new system (or questions about routes in general) feel free to write on the whiteboard "route comment box" in back, in the "route-comment-box" channel on discord, or send us an email!



Kraig Decker

Kraig is an OG member of the Duluth climbing community, and the guy behind [Climb Duluth](#) - a great resource for climbing in the Duluth area as well as up the North Shore! Kraig is a bouldering enthusiast, and has years of experience setting routes at local gyms as well as home walls. He's even established bouldering crags (check out the Fern Gully in Duluth on Mountain Project) and other outside boulder problems around Duluth! He's got loads of knowledge on local climbing areas, and is always stoked to chat about anything climbing related!

Fall Gear Swap!



GearSwapHeader

SAVE THE DATE! We're hosting a gear swap for anyone looking to sell or buy used gear! This event is free and open to the public, so please share! **NOTE:** The swap will be held on the mat, so climbing will be temporarily unavailable during the swap set-up, swap, and clean up. We apologize for this inconvenience, please plan accordingly.

Where: Duluth Climbing and Fitness Co-op

When: Sunday, November 20 from 4-7pm

Set Up: 2:30-4pm

For those selling gear, set up will be from 2:30-4:00pm. If you have any questions about used gear condition, don't be afraid to ask! The following guest organizations will be tabling: **Duluth Climber's Coalition, CragDog Equipment**, and the **Access Fund**.

- **Not Allowed:** Soft goods (ropes - donate to cragdog, harnesses, slings, cordelette, PAS), Helmets

- **Allowed:** shoes, chalk bags/buckets, bouldering pads, belay gloves, quickdraws, sleeping bags, tents/bivvies, climbing hardware (belay devices, trad gear, ice/mixed pro), ice climbing gear (gloves, boots, crampons, tools), clothing (jackets, pants, base layers, etc.), GPS devices, packs, ski gear (nordic, downhill, back country), skijoring eqpt., adventure dog eqpt., etc.

Disclaimer: Duluth Climbing and Fitness Cooperative is not responsible for the condition or performance of gear obtained within our facility during the swap. Please check the condition of gear, use common sense, and swap at your own risk.



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