



Duluth Climbing & Fitness Co-op: December Sender

WELCOME to those of you who are new to this newsletter, and new to the concept of Duluth Climbing & Fitness Cooperative. We are glad to have you on board! We hope you enjoy the content and get STOKED! Pass this newsletter along and help grow our community!

Updates

Logo

You may have guessed by our header that the North Shore logo won! It received 61.5% of the vote, while Tree Rock Climber came in with 38.5%. This logo will be a great representation of our community, and will look sweet on t-shirts, stickers, hats, and whatever else you want to sport this emblem on! Not to mention, this logo looks amazing in any color, as well. Woohoo!



The Space

The board met with the prospective building's manager on December 9th, and is finalizing details with them to get this gym moving forward! With the holidays around the corner, we hope to start the inspection process in January, 2021.

Social Media

We've got the socials! You can now become a part of our online community by following us on Instagram @duluthclimbingandfitness and/or joining our Facebook page at Duluth Climbing and Fitness Co-op. We are still working on our website, and hope to have that up and running soon! Stay tuned. Click the buttons below to head over to our social media pages.

[Instagram](#)

[Facebook](#)

Looking for something to do?

Do you have a couple free nights and are searching for inspiration? Fear not! Here are two film fests usually available to the Duluth outdoors community that have gone virtual this year.

The Duluth Cross Country Ski Club usually hosts the BANFF Mountain Film Festival at the DECC every year. This year, for obvious reasons, they're offering a sweet deal through their website so we can rent the film fest, virtually! Click the button below to get the great prices DXC has secured for us.

"THIS IS IT. FOUR NEW FILMS. ONE WEEKEND ONLY."...Reel Rock Film Festival proudly dons this on their website. Their films will be available to rent December 11th-December 14th, and they're offering tickets now until Friday (12/11, 8pm) at a reasonable price. Be sure to get in on this before it's too late! Click the button below to get your tickets.

[BANFF](#)

[Reel Rock 15](#)

CLIMBER SPOTLIGHT: ERIC ENQUIST & COULTER HOLDEN



For years, the ultimate Midwest endurance-strength drytooling link-up route *Remission* into *Mind Blowing* (M13) out at the Ely's Peak tunnel has gone unrepeated, having been created and FA'd in 2011 by the local ice and mixed climbing badass, Adam Dailey. That changed in the past couple weeks, with two more local badasses sending the route just 2 days apart. On Friday, November 27th, Eric Enquist sent the incredibly difficult route, and his partner, Coulter Holden, sent the following Sunday. These two spent weeks going out to the tunnel, internalizing the sequence so they could move quickly through the crux sections. This route is no joke; from the beginning, it's

a race against the pump clock. In order to send, the climber has to climb a 50 foot roof with no feet - figure fours and figure nines are the name of the game, here - upside-down, cut feet completely at times, all while moving fairly quickly through every move...and that's only the first half of the route. At that point, the climber has to ascend 50 more vertical feet of big, powerful, reachy moves to miniscule hidden holds, with sketchy feet. It's a jigsaw puzzle. An extremely physically challenging game of memory. A truly amazing feat. We want to congratulate Eric and Coulter on their achievement, and wish them the best in sending more hard routes this ice and mixed season!



Photos of Eric Enquist @eequest and Coulter Holden @coulter.18 by Josh Kowaleski of POINTED NoRTH
Photo @pointed_north, 2020, all rights reserved.

If you or someone you know has recently had personal achievements in any climbing or fitness-related activity, let us know! We'd love to feature you and recognize your hard work. Email us at: climb@duluthclimbingandfitness.com

In next month's newsletter

We're hoping to kick the cleanup operation in high-gear, depending on COVID status in the northland, and building inspection status. We will be sure to update committee members and volunteers as the situation evolves. In the mean time, please forward this newsletter to anyone you think may be interested in hearing what we're up to - the more the merrier!

Banner photo of Zach Chase, ice climbing at Manitou River, by Taylor Krosbakken @tkrosbakken, in 2018

If you are a photographer or artist, we'd love to feature your photos or artwork in our newsletter! We're looking for any seasonal landscape and/or climbing photos, and will give due credit when representing your work. Spread the love! Please send us an email at: climb@duluthclimbingandfitness.com

Mission: Duluth Climbing and Fitness Co-op is a member owned bouldering gym. Our mission is to create an inclusive indoor climbing space that promotes health, community growth, and skill improvement. Members will be encouraged to participate in all aspects of the gym, as well as supported in creating routes, teaching courses, and starting clubs. The Co-op's fundamental goal is inclusivity.